



Flight Club 502 COVID -19 Guidance - June 1, 2020

(V. 1.0)

Flight Club 502 believes strongly in protecting all members and the public during the current COVID-19 pandemic. To protect the well-being and interests of the parties involved, and to maintain the highest standards of health and safety, Flight Club 502 is establishing specific procedures to sanitize the aircraft, simulators, and facilities. These procedures, combined with health screening protocols and educational outreach to our members, will provide the greatest level of protection in compliance with CDC and Commonwealth of Kentucky guidelines. We will continue to monitor official government agencies and update our procedures and policies through the coming months.

According to the U.S. Department of Labor Occupational Safety and Health Administration (OSHA), flight training is classified as a Medium Exposure Risk activity (frequent and/or close contact within 6 feet of people who *may* be infected with SARS-CoV-2, and who may be asymptomatic).

In view of this, we are requiring masks be worn at all Club activities, and appropriate CDC hygiene adhered to at all times. If any member determines they are not well, we ask that they remain at home until they are symptom free for at least 24 hours without use of cough or fever suppressant medication.

Prior to coming to the airport and any Flight Club 502 facilities, please honestly evaluate yourself. If you have any underlying health issues, it is strongly recommended that you remain at home and apply physical distancing for your own health and protection.

We are requiring that each person conduct the Health Screening Protocol before leaving home (including checking your temperature) and if the protocols are not met, please stay home. If all protocols are met, you may proceed to the airport and Club facilities.

Please bring your own mask(s), pens/pencils, personal flight and/or study equipment/materials, etc., so that no items will need to be shared with another person.

When arriving at the hanger, hand sanitizer will be available in the entry hall near the sign-in board. Please use paper towels and sanitizer to disinfect all surfaces you touch in the hanger.

Social distancing will be maintained as much as possible in all Club activities, recognizing that it is impossible to do so in the airplanes and simulators.

If you are using a disposable mask, please throw it away in a trash can when you are done with it. Do not leave it on the ground, in an airplane, or elsewhere for someone else to dispose of. Please be respectful of others in the Club.

Aircraft and Simulator Hygiene

- Before leaving the hanger to pre-flight the airplane students and instructors must wash their hands or use hand sanitizer.
- Isopropyl alcohol spray bottles along with blue paper towels are stored in totes in the ramp lineman office. Microfiber cloths are also in the totes solely for use on the airplane instruments and avionics. *Please note that these cleaning supplies are NOT the same ones to be used in cleaning the exterior of the airplane. Please do not intermingle these supplies. The exterior cleaning supplies are in the Club cabinet in the hanger.*

- Each tote will have 1 spray bottle, students and instructors will spray the blue paper towel and then wipe down all surfaces that will be touched in the aircraft. Examples include: seats, seatbelts, armrests, door and window latches, control yokes, engine controls, environmental controls, switches, avionics and instrument controls, air vents, hand mic(s), sun visors, checklists, etc.
- Do not spray the surfaces directly as over spraying can cause damage to the instruments and avionics. Thoroughly wet the paper towel or microfiber cloth, then disinfect the surface.
- Please use care when wiping around the avionics and electrical components/switches to prevent moisture infiltration into these sensitive systems.
- The student or instructor must throw away the paper towel in the trash can inside the lineman office.
- Students and instructors are not allowed to take the isopropyl alcohol spray bottle with them on flights or leave it in the airplane. The spray bottles are to be returned to the tote & lineman office after each use.
- All commonly touched areas on simulators must be wiped with sanitizing wipes at the start and completion of each mission. A tote with sanitizing supplies will be provided in each simulator room.

General health and safety tips

The following is provided for familiarization with the CDC's health and safety precautions, which include:

- Washing your hands for 20 seconds and using alcohol-based hand sanitizer.
- When coughing and sneezing, cover mouth and nose with flexed elbow or tissue – discard tissue immediately into a closed bin.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Bring personal hand sanitizer and wipes with you to all public places.
- Stay home if you have a fever or feel unwell, or if local health authorities have mandated any specific actions as part of a public health emergency.

How COVID-19 Spreads per the CDC

Person-to-person spread

- The COVID-19 virus is thought to spread mainly from person-to-person.
- It is highly contagious and can be spread by people who are asymptomatic as well as symptomatic
- The virus will spread between people who are in close contact with one another (within about 6 feet).
- The virus spreads through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Can someone spread the virus without being sick?

- People are thought to be most contagious when they are most symptomatic (the sickest).
- Some spread might be possible before people show symptoms; there have been reports of this occurring with this new coronavirus.

Spread from contact with contaminated surfaces or objects

- It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. The CDC continues to recommend cleaning surfaces to further minimize this risk.
- There is no conclusive evidence, but preliminary studies indicate it is possible that the virus can remain on surfaces for hours or even days, depending upon the type of surface.

Symptoms

Symptoms may appear 2 to 14 days after exposure to the virus and may present with any or all of the following:

- Fever (100 degrees F or above taken by oral thermometer)
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Sore Throat
- Muscle Aches and Pains
- New loss of taste or smell
- Extreme fatigue

This list are not all possible symptoms; other less common symptoms that have been reported include gastrointestinal issues.

When to Seek Emergency Medical Attention

Look for emergency warning signs for COVID-19 & seek care immediately. Please call your medical provider for any symptoms that are severe or concerning to you.

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Steps to Prevent Illness

Take steps to protect yourself

- Clean your hands often
- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- No more than 10 people should be congregating in one place at a time.